



LIFEGAIN BIONTECH



1 + 1
Years
extended
warranty



Aarush Water Doctor

Prepared by Lifegain Medical India

॥ एक कदम लाईफगेन की ओर, एक कदम स्वस्थ भारत की ओर ॥

SR.No.	Product name & Photo	Technical Specification
1	<p data-bbox="359 197 628 235">Lifegain Biontech</p> 	<p data-bbox="805 241 1468 358">Electrodes Design : 7 Plates- Platinum-Titanium Smart Design Efficient Solid Plate Technology Electrodes</p> <p data-bbox="805 398 1169 474">Electrolysis Method : Continuous Electrolysis</p> <p data-bbox="805 515 1324 631">pH Level: Alkaline- 4 Steps / Acid- 2 Steps / Purifier- 1Step</p> <p data-bbox="805 667 1319 743">pH and ORP at highest Settings : Certified Independent Lab rating.</p> <p data-bbox="805 779 1485 817">Higher pH Level : 10.5, Lower pH Level- 4.0</p> <p data-bbox="805 857 1276 896">ORP Performance : up to -600</p>

ALKALINE WATER

Effect on Covid-19

- Lifegain Biontech 2.5 pH acidic water it will help you to sanitize yourself and your house free of bacteria.
- It is also prone to disease-causing elements in your hand
- Alkaline water comprises of Alkaline minerals and negative oxidation-reduction potential (ORP)
- Boost Your Immune System with Lifegain Biontech
- Helps You to Combat COVID-19



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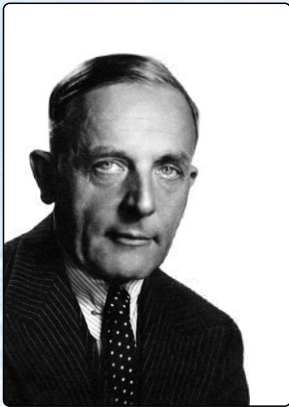
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DOCTORS VIEW ON : ALKALINE IONISED WATER



DR. HIROMI SHINYA
Leading
Endocrinologist



Dr. Otto Warburg
Chemist



Dr. Don Colbert
Medical doctor



Dr. Yoshiaki Matsuo
Vice President of the
Water institute
of Japan



Dr. Horst Filtzer
Vascular
surgeon

Lifegain





DR. HIROMI SHINYA

PROFESSOR OF SURGERY,
Albert Einstein College of medicine.

CHIEF OF ENDOSCOPY DEPARTMENT
Beth Israel Medical Center,
New York City.

INVENTOR OF ENDOSCOPE
For use in colonoscopy

Performed more than 370,000 colonoscopies,
including Presidents, Prime ministers, Movie Stars.

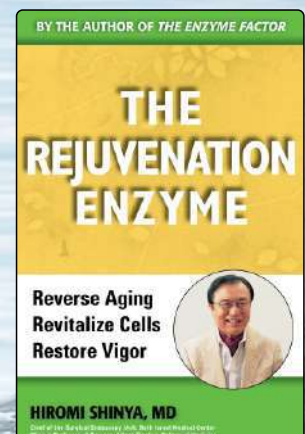
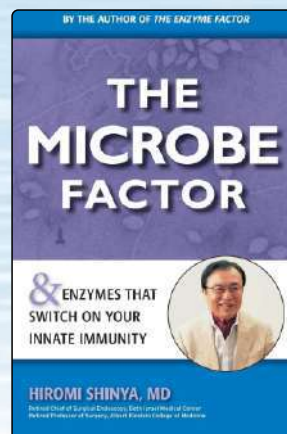
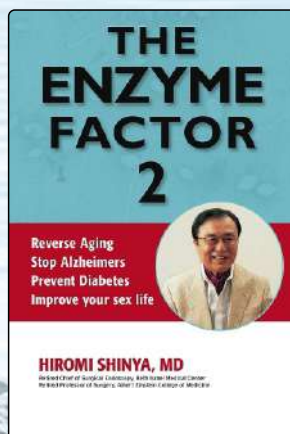
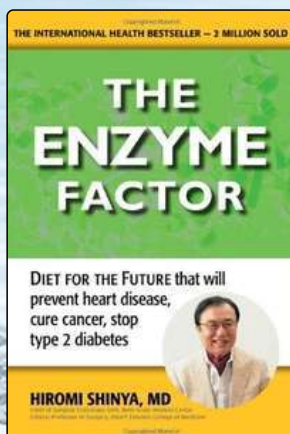
"I have examined more than 300,000 people's stomachs and intestines for 35 years and realized that our health depends largely on our dietary life. And from my experiences I would like to teach you healthy, dietary habits to help you enjoy your life!"

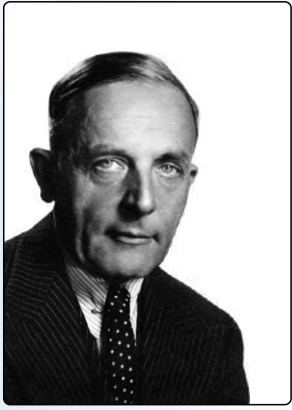
"It is widely recognized in the medical profession that a healthy and clean colon is one of the most important precursors to good health and that the great majority of body ailments and diseases originate in an acidic and dirty colon. Water is essential for your health. Drinking "Good Water", especially hard water which has much magnesium keeps your body at an optimal alkaline PH."

"Alkaline ionized water (PH 8-9), and is considered the very best drinking water because of its incomparable powers of hydration, detoxification, and anti-oxidation."

-Dr. Hiromi Shinya, Leading Endocrinologist

Author of Best Selling Books





Dr. Otto Warburg

Dr. Otto Warburg his lab at the Max Planck Institute for Cell Physiology in Berlin-Dahlem. 1960s.

"All normal cells have an absolute requirement for oxygen, but cancer cells can live without oxygen-a rule without exception."

"Cancerous tissues are acidic, whereas healthy tissues are alkaline."

Dr. Otto Warburg, Chemist, Nobel Prize Winner (7)



Dr. Otto Heinrich Warburg

Winner of the 1931
Nobel Prize in Physiology



Discovered the Cause of Cancer in 1923

"CANCER grows in
Oxygen Deprived **ACIDIC** tissue"

"DISEASE cannot thrive in an **ALKALINE** body"



Dr. Don Colbert

"Hexagonal, alkaline water is especially effective in treating those with chronic disease."

"Your body thrives in an alkaline environment since it is able to detoxify more efficiently than in an acidic environment. In an alkaline environment your tissues get rid of impurities more efficiently. When cancer patients come into my office to begin nutritional treatment, their bodies are almost always very acidic and toxic. My first task is to get their tissues alkalized with alkaline water."

"I have recommended alkaline hexagonal water to even my youngest patients. In 2005 a ten-year old girl and her parents came to my office in South Carolina. The girl had crippling juvenile rheumatoid arthritis and weighed only fifty-two pounds. Her hands were swollen like mitts, and her knees were swollen as large as softballs. I put her on hexagonal, alkaline water, one to two quarts a day. A week and a half later she was pain free, and her swelling was significantly diminished. When she arrived she was wheelchair bound, but she was actually able to walk without pain after only a week and a half of drinking hexagonal, alkaline water. Her parents were ecstatic. We raised the pH of her tissues. After a month, her hands were almost normal size."

Dr. Don Colbert, Medical Doctor



Dr. Yoshiaki Matsuo

“In my opinion, redox potential is more important than pH. For example, the average pH of blood is 7.4 and acidosis or alkalosis are defined according to deviation within the range of 7.4 ± 0.05 . But nothing has been discussed about ORP, or oxidation-reduction potential.”

“It has long been established that reactive oxygen species (ROS) [free radicals that contain the oxygen atom] cause many types of damage to biomolecules and cellular structures, that, in turn result in the development of a variety of pathologic states such as diabetes, cancer and aging. Reduced water is defined as anti-oxidative water produced by reduction of water. Electrolyzed reduced water (ERW) has been demonstrated to be hydrogen-rich water and can scavenge ROS in vitro (Shirahata et al., 1997).”

Dr. Yoshiaki Matsuo PhD,
Vice President of the Water Institute of Japan



Dr. Horst Filtzer

“When I first drink Alkaline ionized water I experienced something I had never have before, I liked it. I like it very much. As I investigated the product, as I investigate the concept of ionized water, I investigated the concept of alkalization of body of cells, I became more and more convinces that this is a product that is of absolute value to all mankind. That it is a product that should be used as households if at all possible, because it clearly is superior to any from of water than I ever encountered.”

“Personally, I can testify that there is no question that my own life has been markedly enriched by the ingestion of Alkaline water. I endorse Alkaline water as a physician, as a surgeon, as a human being, 100% I feel that it is great benefit to all mankind. I can only recommend it in the highest way.”

Dr. Horst Filtzer, Vascular Surgeon

Lifegain Medical India LLP is an Indian Company was established by a visionary person Dr. Anil Shere On 25th Aug 2014. Lifegain Medical is a part of Lifegain group of companies. Lifegain Medical is manufacturer, wholesaler and retailer of health care products. Basically Lifegain Medical deals in medical instrument.

At present this company is successfully spreading health awareness across the India. Lifegain Medical is developed by using the principle of alternative medical science & delivering the message of health through friendly service of free experience to all people of the world. Lifegain Medical always remember that such an outcome would have been possible due to the interest and love shown by our customers. In order to achieve the higher aim. Lifegain Medical promises to deliver all the love, service and kindness with the continuous support of R&D team. Lifegain Medical will continue to endeavor it's image as a well Being company in the India.

Lifegain

Lord Life



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MD'S MESSAGE

Modern trends and lifestyle is continuously devastating the health structure both physically and mentally. Pollution, radiation, work-load and irregular habits are squeezing the healthy India. To overcome this, LIFEGAIN MEDICAL INDIA LLP came up with an alternative procedure embedded with best technology to upgrade the health structure of the society. On behalf of LIFEGAIN MEDICAL INDIA LLP, I express my sincere gratitude to the entire team who is working so hard to fulfil our vision and all the customers for their undying support always. Let US make every life healthy Forever.



Dr. Anil Shere
MD, Lifegain Medical India LLP

DIRECTOR MESSAGE ADMIN DIRECTOR



Mr. Digambar Shingole
Director, Lifegain Medical India LLP

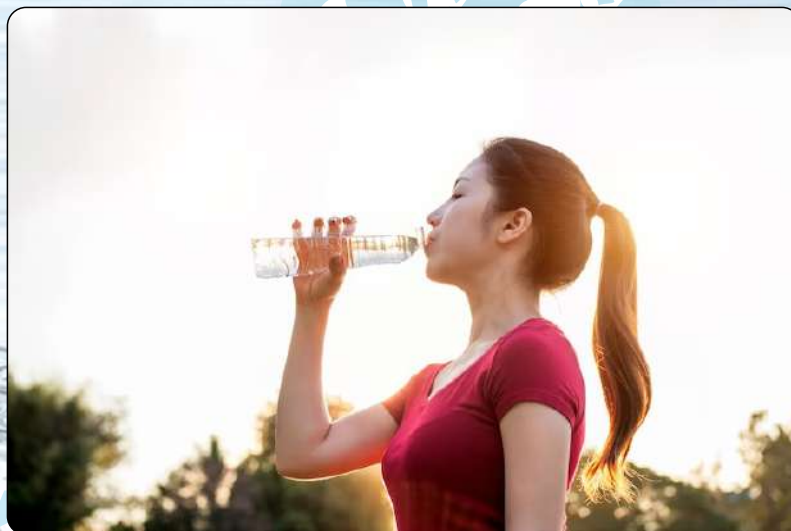
"Our work is improving day by day. Everything we do and everything we say is part of it. Any work is an opportunity. All of Life Is opportunity....but there is work we have chosen to do together. Seek to know it, and when we know it, put it first above all else". Our main motto is to develop healthy lives, and we won't stop till we fulfill it. Together, we can and we will. I would like to thank the team LIFEGAIN MEDICAL INDIA LLP for being so active and responsible and believing in our thoughts. We dreamed of developing a way of healthy life for the people in India, The path was not easy but the sheer spirit of the team brought us to a place where we can actually do in what we believe. Today we are implementing the foreign technologies in health care products and it makes us feel proud that we are serving the people with such miraculous products.


Alkaline water is water that has a higher pH level than regular tap water, typically around 8 to 9 on the pH scale. Proponents of alkaline water claim various potential health benefits, although scientific evidence supporting these claims.

It's important to note that while there are claims about the potential benefits of alkaline water, the scientific community generally agrees that drinking alkaline water is generally considered safe for most people in moderation. However, individuals with certain medical conditions, such as kidney problems, should consult a healthcare professional before making significant changes to their water intake or pH levels.

In summary, while some people believe in the benefits of alkaline water, the scientific evidence supporting these claims is currently limited and inconclusive. It's advisable to maintain a balanced and varied diet along with proper hydration for overall health and well-being.

Alkaline water refers to water that has a higher pH level than regular tap water. The pH scale ranges from 0 to 14, with 7 being neutral. A pH below 7 is considered acidic, while a pH above 7 is considered alkaline or basic. Alkaline water typically has a pH level between 8 and 9.



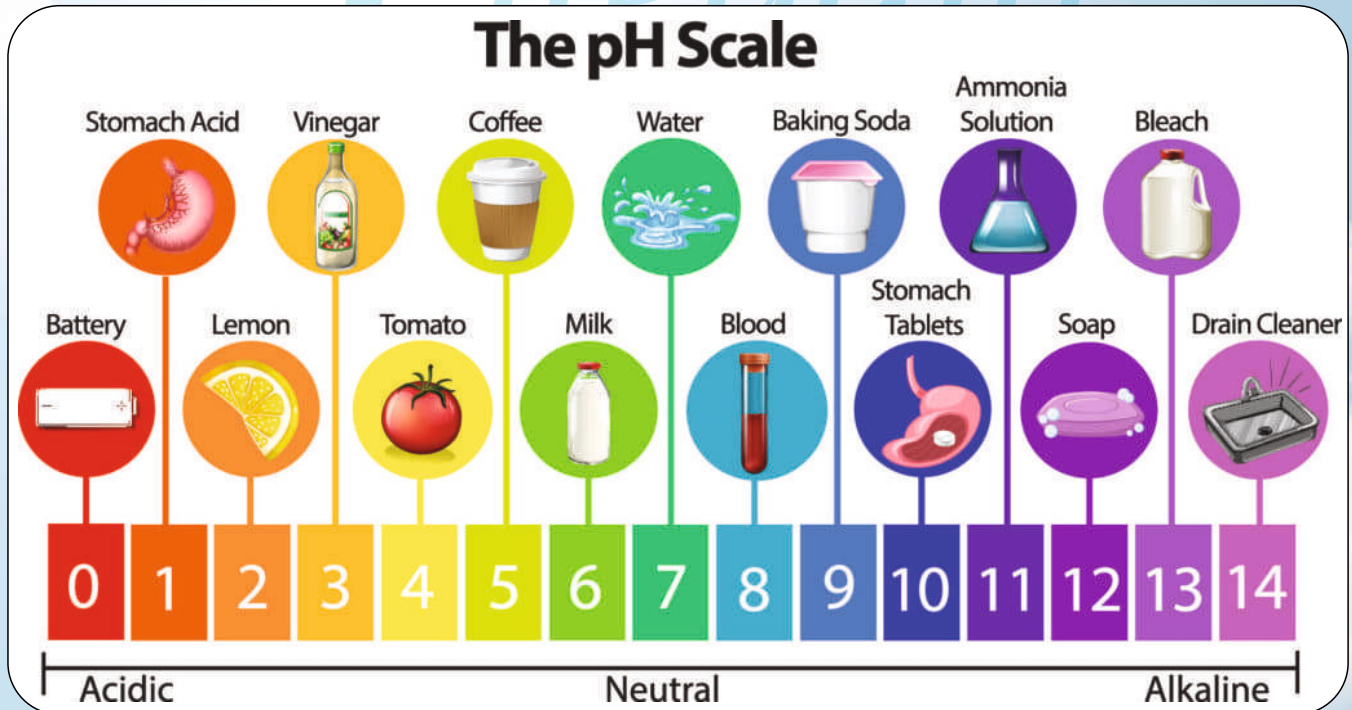
 Lord Of Life

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alkaline water is water that has a higher potential hydrogen than regular drinking water. The pH level is measured by the amount of hydrogen ions that exists in a given solution. High concentrations of hydrogen ions yield a low pH (acidic substances), whereas low levels of hydrogen ions result in a high pH (basic substances).

The pH scale ranges from 0 to 14. Anything below 7 (ranging from 0 to 6.9) is acidic, and anything above 7 (ranging from 7.1 to 14) is basic. The blood in your veins is slightly basic (pH = 7.4), whereas soap (pH = 12) and bleach (pH = 13) are highly basic. On the other hand, coffee is slightly acidic (pH = 5) and tomato juice (pH = 4) and lemon juice (pH = 2) are highly acidic.



The term alkaline gets used interchangeably with basic but they're not exactly the same. Alkaline compounds (alkali) are substances, like salts, metals, and minerals, that, when added to water, make it more basic. Water always contains some amount of dissolved solids including minerals like calcium, magnesium, potassium, and sodium, but alkaline water tends to have a higher amount of total dissolved solids, which increases its pH level. Regular drinking water is typically neutral with a pH level of 7 and alkaline water is slightly basic with a pH level of about 8 or 9.

KEY POINTS ABOUT LIFEGAIN ALKALINE WATER:

Potential Benefits : Advocates of alkaline water suggest that it may have health benefits such as neutralizing acid in the body, improving hydration, enhancing nutrient absorption, and reducing acid reflux. Some also believe that alkaline water could help prevent chronic diseases by creating a less acidic environment in the body.

Hydration and Absorption : Some studies suggest that alkaline water might be more effective at hydrating the body and improving the absorption of water compared to regular water. However, these effects are generally considered to be minor and may not have significant implications for overall health.

pH Regulation : The body has its own mechanisms for regulating pH levels. Consuming alkaline water is unlikely to have a significant impact on the body's overall pH balance.

Acidic Foods : Proponents of alkaline water often argue that a diet rich in acidic foods (such as processed foods, meat, dairy, and caffeine) can lead to health issues and that consuming alkaline water can help counteract the effects of these foods. However, the body's pH levels are tightly regulated, and dietary changes alone are unlikely to significantly alter pH levels.

Potential Risks : While alkaline water is generally considered safe for most people to consume in moderation, excessively high pH levels in water can lead to an imbalance in the body's natural pH levels, which could potentially have negative health effects.



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Our bodies are created by many atoms. Each one of these atoms have a full outer shell of electron that are usually stable and do not enter into chemical reactions with other atoms. But sometimes atoms which lose their full outer shell of electrons will desperately seek out electrons wherever they can so they can be stable. These unstable or desperate atoms are known as free radicals.

Free radicals always want to seek stability and will try to steal an electron from any molecule that happens to be nearby. What this does is it causes the molecule which has lost its electron to the free radical to become unstable and a new free radical is made. This will in turn cause a never ending chain reaction, which can be harmful to our bodies.

Oxygen free radicals are one of the most common types of free radicals. These oxygen atoms are missing one or more electron from their outer shell, making them unstable. Oxygen free radicals are what causes oxidation, both in the air and in our bodies. An apple that turns brown or metal that is rusting are examples of oxidation that we can see in our daily lives. These Oxygen free radicals are one of the factors that cause our bodies to age and deteriorate.

In moderation, free radicals are not evil or bad, in fact free radicals are created by our body when performing daily life functions. Free radicals are actually essential in the synthesis of energy and essential nutrients are also involved in increasing our immune system. However, if the level of free radicals gets too high in our bodies, it can cause major problems. Various health issues and diseases have been linked to high levels of free radicals. So let's try to keep our free radicals minimal by drinking more ionized water.



What is a Water Ionizer?



Ionized water is just water with mineral ion in it, and minerals in water become ionized when they either gain or lose electrons. Almost all waters found in nature acquire ions such as calcium and bicarbonate as they come into contact with rocks and sediments. Even the purest rainwater contains some hydrogen- and bicarbonate ions that are formed when it picks up carbon dioxide in the atmosphere.

Pure water consists almost entirely of H_2O molecules loosely bound in a network-like structure in which individual molecules are constantly changing partners. Water molecules exhibit a very slight tendency to dissociate ("ionize") into hydrogen ions and hydroxide ions: $H_2O \rightleftharpoons H^+ + OH^-$ but the extent of this reaction is severely limited by the fact that the reverse of this reaction is much more rapid, so that on the average, only about two out of every billion H_2O molecules is dissociated. No electrical device or chemical additive is capable of increasing these ion concentrations in pure water above this very minute level which is so small that for most practical purposes pure water can be considered to be ion-free, as evidenced by the fact that it will not conduct an electric current.

LIFEGAIN ALKALINE WATER



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Alkaline Ionized Water Improves the Four Main Stomach Problems

Alkaline Water Ionizers, approved as class 2 medical devices by the Ministry of Food and Drug Safety, generate alkaline water with a pH of between 8.5 and 10.0 by electrolyzing drinking water. Alkaline ionized water is effective for improving stomach problems.



Chronic diarrhea



Hyperacidity



Indigestion



Heterofermentation
in stomach

Tips for utilizing alkaline ionized water

Tip



Boiled rice

Before cooking rice, soak the rice in alkaline water for 10 to 30 minutes to make it taste better.



Coffee, black tea, etc.

You can make more delicious coffee and teas, and more quickly.



Relief for heavy drinking or hangover

Drink one or two glasses of alkaline ionized water before and after drinking.



A variety of dishes

Use alkaline ionized water when cooking bamboo shoots, tree sprouts, taro, fish, etc. It removes sharp tastes and enriches the flavor of food.



Plants

Soak seeds in alkaline ionized water before planting. This stimulates germination and growth of plants.



Drinking water for pets

Alkaline ionized water reduces pet odor and makes its hair glossy.



Powdered formula

Mix the powdered formula with weak alkaline ionized water.



Vegetables and fruits

Wash vegetables and fruits with alkaline ionized water to keep them fresh.

How to utilize acidic ionized water

Tip



When taking a bath and Washing your Face

Acidic ionized water helps make your skin feel soft and elastic. In addition, you can make your hair glossy by rinsing with acidic ionized water after a shampoo. This neutralizes the alkalinity of soap.



Tableware and cutting board cleaning

Soak cutting boards, dish clothes, knives, etc. in acidic ionized water for 20 minutes. This removes odors and bleaches, and disinfects tableware.



When arranging the Flowers

Be sure to use acidic ionized water to help ensure prolonged flower longevity.



Toothbrushing and Shaving

Acidic ionized water has cleansing, sterilization, and antiseptic effects. If you use acidic ionized water when brushing your teeth and shaving, it keeps your teeth healthy and soothes your skin.



House Cleaning

Use acidic ionized water to remove dust and to clean bathrooms and toilets. It helps to keep your house clean.



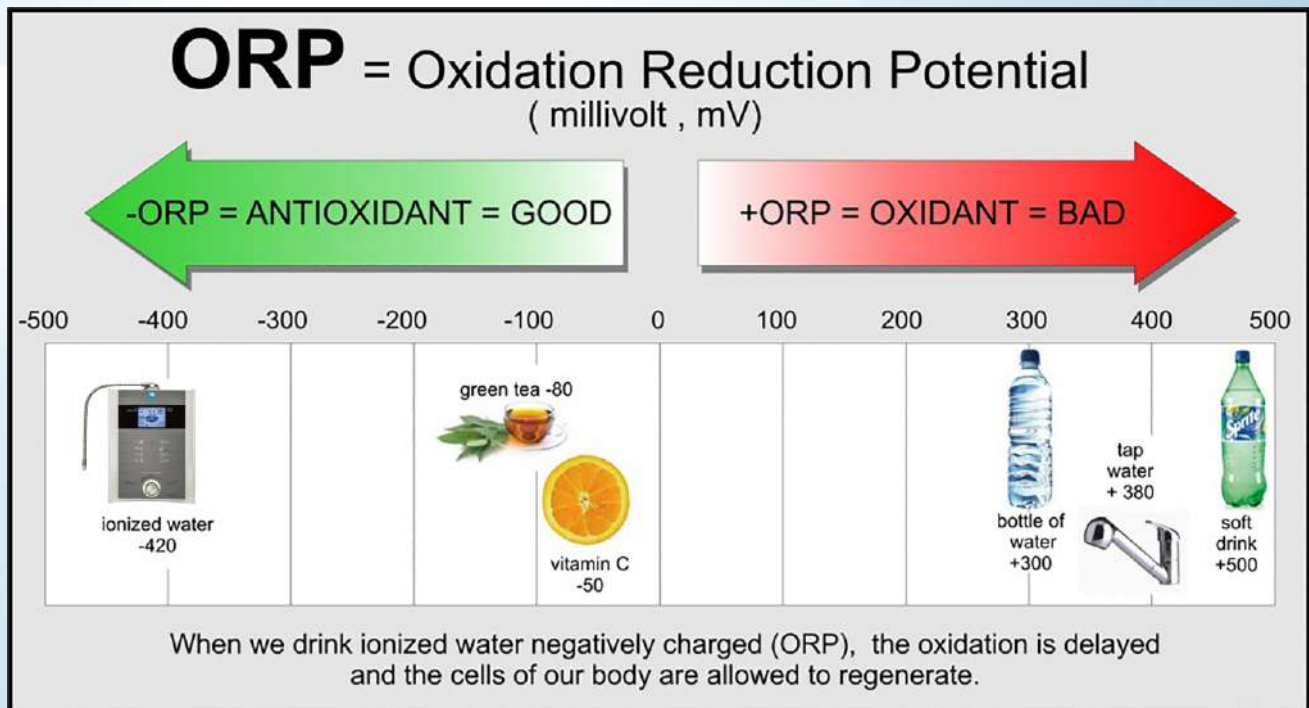
Pets

Pets will lose much less hair, and acidic ionized water makes their hair glossy while removing odors.

Oxidation Reduction Potential (ORP)

Oxidation Reduction Potential (ORP) is a measure of the molecular charge that comes when you ionize water. It shows the level at which food or drink has the ability to oxidize or to reduce oxidation in your body. Basically it determines if the food you are eating is oxidant or an antioxidant.

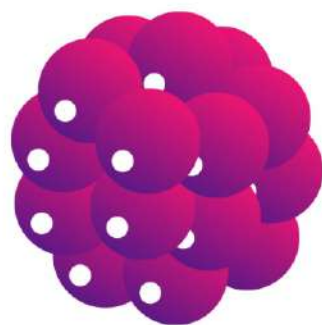
Drinking Alkaline Ionized Water will naturally help you get more intake of antioxidants. Like taking a Vitamin C supplement which we know is good for us. The problem with Vitamin C is you can only take the recommended dose on the bottle, but with ionized water you can drink as much ionized water as you would like.



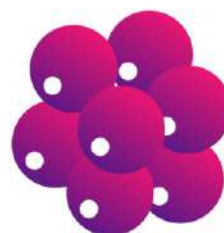
Micro Clustering Properties of Ionized Water

Alkaline water super-hydrates the body

Water molecules come in clusters rather than single molecules. Tap water which is under pressure has very large clusters of 15-20 molecules. The ionization process breaks the electrical bonding of water molecules and restructures the water down to about 4-6 molecules per cluster. This smaller cluster size means that the water can be more easily absorbed into the cells, thereby providing superior hydration for the body and helping to dissolve and flush out acidic solid waste and toxins that have accumulated in the body.



Water cluster before Ionization
(15-20 molecules)



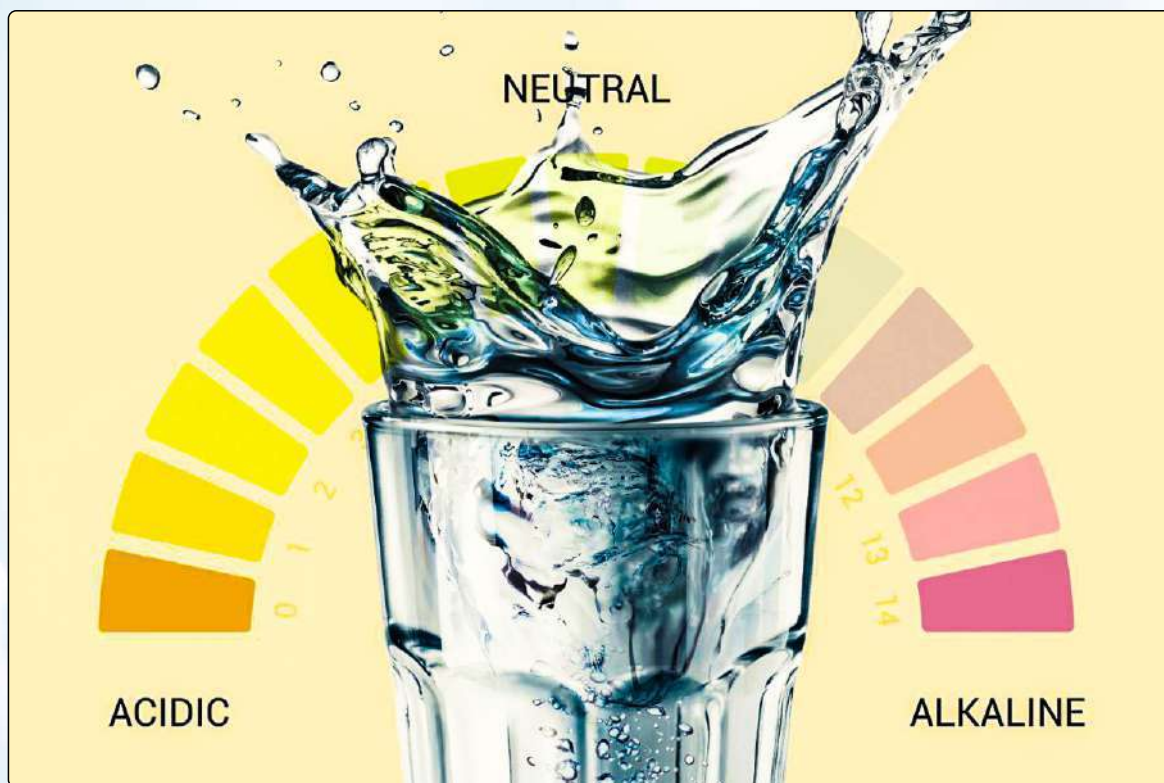
After Ionization
(4-6 Water molecules)

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The Advantages Of Lifegain Alkaline water

ALKALINE WATER	FRUITS & VEGETABLE CLEANING		PH 10.0 - 11	<ul style="list-style-type: none"> • Reduce pesticides - Ideal for fruit and vegetable cleaning • Sterilizes vegetable in addition to beef, port, and freshish. Brings out their natural flavor • Ideal for making soups helps maintain their nutrients and color • Dish cleaning for oil and tough grime
	HEALTH DRINKING		PH 9.2 - 9.8	<ul style="list-style-type: none"> • For daily consumption, improves your overall health • Improves upset stomachs, constipation, diarrhea and gout
	DRINKING & COOKING		PH 8.5-9.5	<ul style="list-style-type: none"> • After initial period (3-4 days), this water can be used for drinking • Makes tea or coffee taste better, reduces bitterness and ideal for precooking foods • Reduces uncomfortable feelings of fatigue and sleepiness
FILTERED WATER	INITIAL DRINKING		PH 8.0-9.0	<ul style="list-style-type: none"> • For initial consumption period (4-7 days) • Balances body and supports micro-minerals
	FILTERED WATER		PH 7.0	<ul style="list-style-type: none"> • It is ideal for medicine taking and producing baby's milk and formula
ACIDIC WATER	FACE WASHING		PH 5.0-6.0	<ul style="list-style-type: none"> • Not suitable for drinking Ideal for sensitive skin, infants, and sunburn relief • Minimizes the appearance of pores • Restores shine to hair Natural Aftershave • Ideal for brushing teeth
	CLEANING		PH 3.0 - 5.0	<ul style="list-style-type: none"> • Not suitable for drinking • Ideal for sensitive skin, infants, and sunburn relief • Minimizes the appearance of pores • Restores shine to hair • Natural Aftershave • Ideal for brushing teeth
	ANTI BACTERIAL		PH 2.5	<ul style="list-style-type: none"> • Not suitable for drinking • Antibacterial for dishes and floor • Ideally Cleans Glass • Reduces peculiar smells or odors on pets



Benefits Of Drinking Lifegain Alkaline Water

Alkaline Water is crucial for many body functions, such as lubricating the joints, delivering oxygen throughout the body, preventing kidney damage, and more.

Around 60 percent of the body is made up of water, and around 71 percent of the planet's surface is covered by water. Perhaps it is the ubiquitous nature of water that means drinking enough each day is not at the top of many people's lists of priorities.

Fast Facts on Drinking Lifegain Alkaline Water

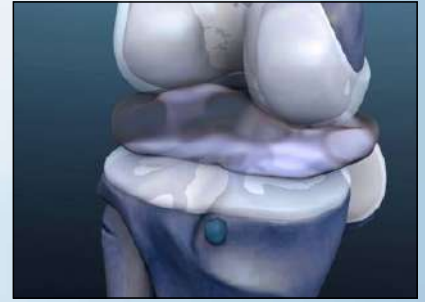
- * Adult humans are 60 percent water, and our blood is 90 percent water.
- * There is no universally agreed quantity of water that must be consumed daily.
- * Alkaline Water is essential for the kidneys and other body functions.
- * When dehydrated, the skin can become more vulnerable to skin disorders and wrinkling.
- * Drinking Alkaline water instead of soda can help with weight loss.

15 Medical Benefits Of Drinking Lifegain Alkaline Water :

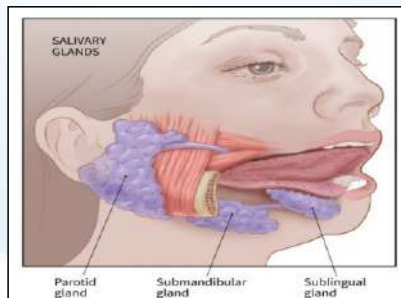
To function properly, all the cells and organs of the body need water. Here are some reasons our body needs water:

1. It lubricates the joints :

Cartilage, found in joints and the disks of the spine, contains around 80 percent water. Long-term dehydration can reduce the joints' shock-absorbing ability, leading to joint pain.



2. It forms saliva and mucus : Saliva helps us digest our food and keeps the mouth, nose, and eyes moist. This prevents friction and damage. Drinking water also keeps the mouth clean. Consumed instead of sweetened beverages, it can also reduce tooth decay.



3. It delivers oxygen throughout the body :

Blood is more than 90 percent water, and blood carries oxygen to different parts of the body.



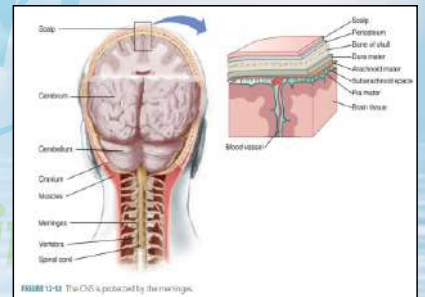
4. It boosts skin health and beauty :

With dehydration, the skin can become more vulnerable to skin disorders and premature wrinkling.



5. It cushions the brain, spinal cord, and other sensitive tissues :

Dehydration can affect brain structure and function. It is also involved in the production of hormones and neurotransmitters. Prolonged dehydration can lead to problems with thinking and reasoning.



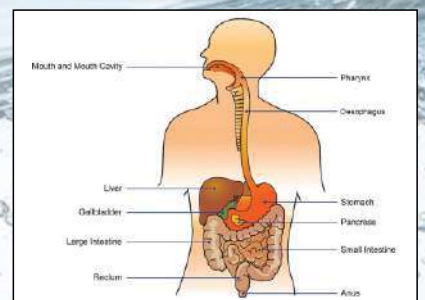
6. It regulates body temperature :

The body water has an important role as a thermoregulator, regulating the overall body temperature by helping dissipate heat.



7. The digestive system depends on it :

The bowel needs water to work properly. Dehydration can lead to digestive problems, constipation, and an overly acidic stomach. This increases the risk of heartburn and stomach ulcers.



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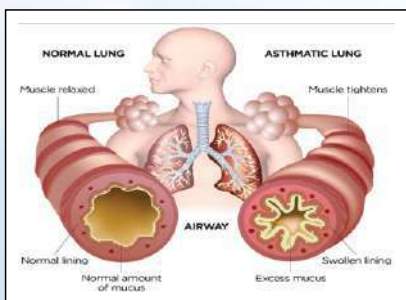
8. It flushes body waste :
Water is needed in the processes of sweating and removal of urine and feces.



9. It helps maintain blood pressure :
A lack of water can cause blood to become thicker, increasing blood pressure.



10. The airways need it :
When dehydrated, airways are restricted by the body in an effort to minimize water loss. This can make asthma and allergies worse.



11. It makes minerals and nutrients accessible :
These dissolve in water, which makes it possible for them to reach different parts of the body.



12. It prevents kidney damage :
The kidneys regulate fluid in the body. Insufficient water can lead to kidney stones and other problems.



13. It boosts performance during exercise :
Some scientists have proposed that consuming more water might enhance performance during strenuous activity. More research is needed to confirm this, but one review found that dehydration reduces performance in activities lasting longer than 30 minutes.



14. Weight loss : Water may also help with weight loss, if it is consumed instead of sweetened juices and sodas. "Preloading" with water before meals can help prevent overeating by creating a sense of fullness.



15. It reduces the chance of a hangover :
When partying, unsweetened soda water with ice and lemon alternated with alcoholic drinks can help prevent overconsumption of alcohol.



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5 Benefits of drinking Lifegain Alkaline Water in the morning

Drinking Alkaline water is very important for body processes. These include transporting nutrients to cells, regulating the body's temperature, and lubricating the joints. If a person replaces their usual morning drink with Alkaline water, it could provide them with several associated health benefits of increased water consumption. It reduce high blood pressure, blood sugar, and cholesterol. Alkaline water drinking in the morning its neutralize the acid in your body.



1. For weight loss

Some people believe that drinking Alkaline water in the morning can aid in weight loss.

For example, a 2019 study Trusted Source found that higher fluid intake had links with improved body composition in young adults.

Before main meals, including breakfast

An older study from 2010 Trusted Source found that middle-aged and older adults lost more weight when they drank 500 milliliters (ml) of Alkaline water before each meal over 12 weeks.

Researchers partly attributed this weight loss to the decrease in energy intake from meals among the participants who drank water. This means they ate less food than individuals who did not partake in water before meals.

Thermogenesis

Thermogenesis is the production of heat. When a person drinks cold water, thermogenesis occurs to warm up the water entering the body, which burns calories.

An older study from 2013 Trusted Source involved the Alkaline water intake of 50 girls, with a body mass index of 25 to 29.9, along with a nutritious diet. It found that their body weight had decreased after they increased their water intake to 500 ml, three times a day, for 8 weeks. Participants drank the Alkaline water before breakfast, lunch, and dinner.

Researchers attributed the weight loss to water-induced thermogenesis.

However, these studies cannot definitively claim that only the water intake led to the weight loss.

Additionally, the results do not necessarily mean that drinking water specifically in the morning offers weight loss effects.

2. For mental performance

Alkaline Water can have an impact on cognition and mental performance -even minor dehydration can have adverse effects on cognition, according to a 2016 study. Trusted Source

A 2019 review Trusted Source looked at the effect of hydration on cognitive performance. It found that there was a trend of improved mental performance in hydrated study participants. However, the researchers noted that the results were not statistically significant.

Additionally, participants in the study drank water throughout the day. This may suggest that hydration throughout the day may be necessary for better mental performance rather than just drinking water in the morning.

Another 2019 study Trusted Source on male college students found that dehydration had negative effects on short-term memory and attention. Short-term memory and attention improved once the participants rehydrated again.

Therefore, if a person wishes to increase their mental performance, specifically in the morning, drinking Alkaline water may help.

3. Boosting mood

Drinking Alkaline water may also have positive effects on a person's mood. A 2014 study Trusted Source found that people who usually drank low volumes of water had better moods when they increased their water intake. The same research found that when individuals who normally drank high volumes of water- decreased their water intake, they experienced more thirst, decreased contentedness, and a reduction in calmness and positive emotions. A 2019 study Trusted Source also found that dehydration negatively affected mood, while rehydration improved mood and fatigue symptoms. With this in mind, a person may wish to drink Alkaline water throughout the whole day to experience prolonged positive effects on their mood.



4.kidney damage

Alkaline water make vital functions to the kidneys. Alkaline Water helps dissolve minerals and nutrients, making them more accessible to the body. It also helps remove waste products.

Every day, the kidneys filter around 120-150 quarts Trusted Source of fluid. Of these, approximately 1-2 quarts are removed from the body in the form of urine, and the rest is recovered by the bloodstream.

Alkaline Water is essential for the kidneys to function. The leading cause of kidney stones is a lack of water. People who report them often do not drink the recommended daily amount of water. Kidney stones may also increase the risk of chronic kidney disease Trusted Source. If the kidneys do not function properly, waste products and excess fluid can build up inside the body. Drinking plenty of alkaline water is a simple way to reduce the risk of developing a Urinary tract infections (UTIs) and to help treat an existing UTI.

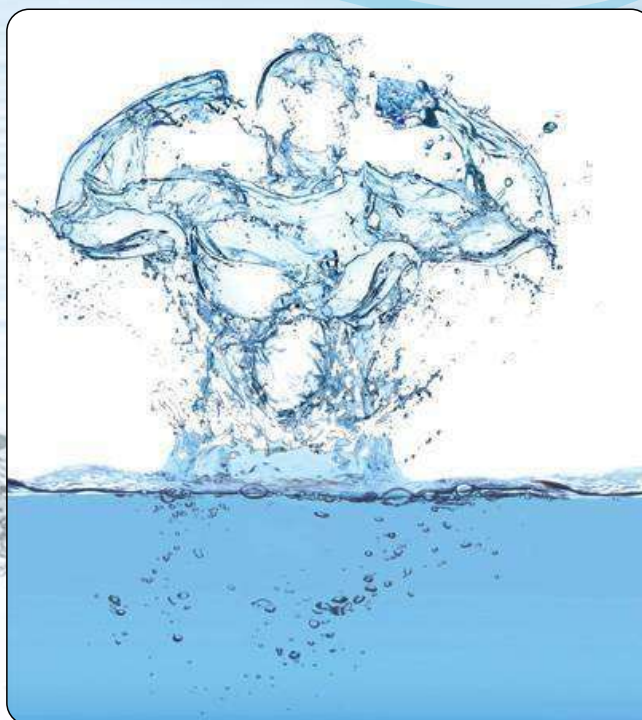
5.For other body functions

Alkaline water is also important in many body functions.™

Urinary tract : According to an older study Trusted Source from 2010, increased Alkaline fluid intake may prevent urolithiasis, which occurs when stones are present in the urinary tract.

Cardiovascular system : A 2019 study Trusted Source found that people require adequate Alkaline water intake for proper cardiovascular system function. The study noted that dehydration and inadequate water intake negatively affected blood pressure regulation and vascular function.

Joints and bones : Alkaline Water is a component of the lubricating fluid around the joints, which could help relieve joint pain.



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FEATURES

- * **Electrodes Design** : 7 Plates- Platinum-Titanium Smart Design
Efficient Solid Plate Technology Electrodes
- * **Electrolysis Method** : Continuous Electrolysis
- * **pH Level**: Alkaline- 4 Steps / Acid- 2 Steps / Purifier- 1Step
- * **pH and ORP at highest Settings** : Certified Independent Lab rating.
- * **Higher pH Level** : 10.5, Lower pH Level- 4.0
- * **ORP Performance** : up to -600
- * **Molecular Hydrogen (H₂) Performance** at drinking pH of 9 is 1000ppb.
- * **Cleaning** : DARC (Double Automatic Reverse Cleaning System)
- * **Rated Power Supply** : 110V- 250V, 150 W
- * **Water Flow Rate**: 1.5 to 2 liter/min. (Flow indicator shows in LCD display)
- * **Flow Water Indicator** : Indicates in LCD display
- * **Water Supply** : Tap direct connection (Up to 150TDS)
- * **Water Pressure** : 0.7~6.0kgf/cm² (70~590kPa)
- * **Protection Devices** : Built in Temperature sensors 2 sensors (Automatic Restoration)
- * **Premium Dual Filtration** : Cartridge Type
Pre-Filter with Activated Carbon & Non woven fabric, UF Membrane
- * **Operating Temp** : 5~30.C (41~86 .F)
- * **Lifespan** : Approx. 10,000 Liters
- * **Indication** : Life-span Indication by LCD characters
- * **Dimension** : 240(W) x 360(H) x 140(D) mm
- * **Weight** : Approx. 5.5Kg
- * **Warranty** : 2 years limited warranty
- * **Country of origin** : South Korea



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